


Iron Gen.2**Order information**

REF		CONTENT		Analyzer(s) on which cobas c pack(s) can be used
05169291190*	05169291500	Iron Gen.2 (750 tests)	System-ID 05 6596 1	cobas c 701/702
05169291214*	05169291500	Iron Gen.2 (750 tests)	System-ID 05 6596 1	cobas c 701/702

Materials required (but not provided):

10759350190	Calibrator f.a.s. (12 x 3 mL)	Code 401	
12149435122	Precinorm U plus (10 x 3 mL)	Code 300	
12149443122	Precipath U plus (10 x 3 mL)	Code 301	
05117003190	PreciControl ClinChem Multi 1 (20 x 5 mL)	Code 391	
05947626190	PreciControl ClinChem Multi 1 (4 x 5 mL)	Code 391	
05117216190	PreciControl ClinChem Multi 2 (20 x 5 mL)	Code 392	
05947774190	PreciControl ClinChem Multi 2 (4 x 5 mL)	Code 392	

* Some kits shown may not be available in all countries.

English**System information**

IRON2: ACN 8661

Intended use

In vitro test for the quantitative determination of iron in human serum and plasma on **cobas c** systems.

Summary

Iron measurements performed with this assay in human serum and plasma are used as an aid in diagnosis and monitoring of iron deficiency and iron overload disorders.

Iron is essential for many metabolic and biochemical processes. Similar to other micronutrients in the human body, iron is supplied with food. Ingested iron is mainly absorbed in the form of Fe²⁺ in the duodenum and proximal jejunum. The trivalent form and the heme-bound Fe³⁺-component of iron in food has to be reduced by duodenal cytochrome B. About 1-2 mg of iron is absorbed and lost daily. Upon reaching the mucosal cells, Fe²⁺ ions become bound to transport proteins. In the cellular phase iron is either stored in cellular ferritin or transported to the circulation. Iron export into the circulation requires Fe²⁺ oxidation to Fe³⁺ by hephaestin (on cellular membrane) or ceruloplasmin (in the circulation), for loading onto transferrin. Circulating Fe ions are transported by transferrin-iron complexes. A maximum of 2 Fe³⁺ ions per protein molecule can be transported.¹

Serum iron fluctuates with dietary intake and normal diurnal variation. Clinically, dysregulation of serum/plasma iron levels can be divided into iron deficiency and iron overload.^{1,2} Iron deficiency disorders can be due to increased demands (e.g. growth, pregnancy), limited external supply (e.g. malnutrition, inappropriate diet, malabsorption), increased loss (e.g. hemorrhage, hemodialysis, blood donation), or other conditions, such as chronic kidney disease resulting in renal anemia, inflammatory bowel disease, heart failure, obesity, bone marrow disease.^{2,3} Iron deficiency occurs in several stages, defined by the extent of depletion, first of iron stores and then of iron available for hemoglobin synthesis. In the first stage, iron stores can be completely depleted without causing anemia. Further iron loss causes anemia (iron deficiency anemia, IDA), which is initially normocytic, with a normal absolute reticulocyte count. Deeper deficiency results in classic anemia findings with hypochromic (low mean corpuscular hemoglobin) and microcytic (low mean corpuscular volume) red blood cells.^{3,4,5} Another type of anemia is macrocytic anemia (elevated mean corpuscular volume), which is not directly due to iron deficiency but is rather related to other causes, such as vitamin B12 and folate deficiency, bone marrow disorders (myelodysplasia), use of certain medications, alcohol abuse, liver disease, marked reticulocytosis, and hypothyroidism. Iron measurements can help define different causes of anemia.^{6,7}

Iron overload disorders normally result in increased serum/plasma iron concentration, and can be due to a number of underlying conditions, most commonly hereditary haemochromatosis (excess iron derived from increased gastrointestinal absorption due to inactivating mutations in components of the hepcidin pathway) and thalassemia (increased concentrations of iron mainly caused from regular red blood cell transfusions and to a lesser extent by increased iron absorption).^{2,8}

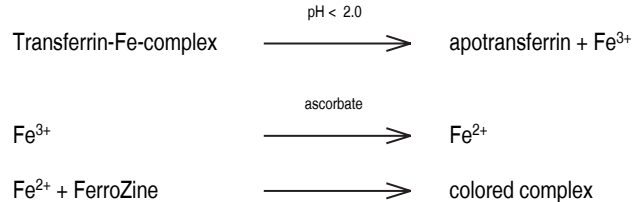
Numerous photometric methods have been described for the determination of iron. All have the following in common:

- Liberation of Fe³⁺ ions from the transferrin complex using acids or detergents.
- Reduction of Fe³⁺ ions to Fe²⁺ ions.
- Reaction of the Fe²⁺ ions to give a colored complex.¹

The method described here is based on the FerroZine method without deproteinization.

Test principle

Colorimetric assay.



Under acidic conditions, iron is liberated from transferrin. Lipemic samples are clarified by the detergent. Ascorbate reduces the released Fe³⁺ ions to Fe²⁺ ions which then react with FerroZine to form a colored complex. The color intensity is directly proportional to the iron concentration and can be measured photometrically.

Reagents - working solutions

- R1** Citric acid: 200 mmol/L; thiourea: 115 mmol/L; detergent
- R3** Sodium ascorbate: 150 mmol/L; FerroZine: 6 mmol/L; preservative

R1 is in position B and R3 is in position C.

Precautions and warnings

For in vitro diagnostic use for health care professionals. Exercise the normal precautions required for handling all laboratory reagents.

Infectious or microbial waste:

Warning: handle waste as potentially biohazardous material. Dispose of waste according to accepted laboratory instructions and procedures.

Environmental hazards:

Apply all relevant local disposal regulations to determine the safe disposal.

Safety data sheet available for professional user on request.

This kit contains components classified as follows in accordance with the Regulation (EC) No. 1272/2008:



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Danger

H318 Causes serious eye damage.

Prevention:

P280 Wear eye protection/ face protection.

Response:

P305 + P351 IF IN EYES: Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do.
+ P338
+ P310 Continue rinsing. Immediately call a POISON CENTER/ doctor.

EUH 208 Contains DIAZOLIDINYL UREA. May produce an allergic reaction.

Product safety labeling follows EU GHS guidance.

Contact phone: all countries: +49-621-7590

Reagent handling

Ready for use

Storage and stability

Shelf life at 2-8 °C: See expiration date on **cobas c** pack label.

On-board in use and refrigerated on the analyzer: 2 weeks

On-board on the Reagent Manager: 24 hours

When removing the **cobas c** pack from the instrument during use, please immediately store at 2-8 °C.

Do not shake the **cobas c** pack to avoid foaming.

Specimen collection and preparation

For specimen collection and preparation only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable.
Serum.

Plasma: Li-heparin plasma. Do not use EDTA or oxalate plasma.

Separate serum or plasma from the clot or cells within 1 hour.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Centrifuge samples containing precipitates before performing the assay.

See the limitations and interferences section for details about possible sample interferences.

Stability:^{9,10} 7 days at 15-25 °C

3 weeks at 2-8 °C

several years at (-15)-(-25) °C

Freeze only once.

Materials provided

See "Reagents – working solutions" section for reagents.

Materials required (but not provided)

See "Order information" section

General laboratory equipment

Assay

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

The performance of applications not validated by Roche is not warranted and must be defined by the user.

Application for serum and plasma

cobas c 701/702 test definition

Assay type 2-Point End

Reaction time / Assay points 10 / 18-30

Wavelength (sub/main) 700/570 nm

Reaction direction Increase

Units $\mu\text{mol/L}$ ($\mu\text{g/dL}$, mg/L)

Reagent pipetting Diluent (H_2O)

R1 100 μL –

R3 20 μL –

	<i>Sample volumes</i>	<i>Sample dilution</i>	
		<i>Sample</i>	Diluent (H_2O)
Normal	8.5 μL	–	–
Decreased	4.0 μL	–	–
Increased	17.0 μL	–	–

Calibration

Calibrators S1: H_2O

S2: C.f.a.s.

Calibration mode Linear

Calibration frequency 2-point calibration

- after **cobas c** pack change

- and as required following quality control procedures

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Traceability: This method has been standardized against a primary reference material (SRM 937).

Quality control

For quality control, use control materials as listed in the "Order information" section.

In addition, other suitable control material can be used.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Follow the applicable government regulations and local guidelines for quality control.

Calculation

cobas c systems automatically calculate the analyte concentration of each sample.

Conversion factors: $\mu\text{mol/L} \times 5.59 = \mu\text{g/dL}$

$\mu\text{mol/L} \times 0.0559 = \text{mg/L}$

Limitations - interference

Criterion: Recovery within $\pm 2.7 \mu\text{mol/L}$ of initial values of samples $\leq 26.9 \mu\text{mol/L}$ and within $\pm 10 \%$ for samples $> 26.9 \mu\text{mol/L}$.

Icterus:¹¹ No significant interference up to an I index of 60 for conjugated and unconjugated bilirubin (approximate conjugated and unconjugated bilirubin concentration: 1026 $\mu\text{mol/L}$ or 60 mg/dL).

Hemolysis:¹¹ No significant interference up to an H index of 200 (approximate hemoglobin concentration: 125 $\mu\text{mol/L}$ or 200 mg/dL). Higher hemoglobin concentrations lead to artificially increased values due to contamination of the sample with hemoglobin-bound iron.

Lipemia (Intralipid):¹¹ No significant interference up to an L index of 1500. There is poor correlation between the L index (corresponds to turbidity) and triglycerides concentration.

Drugs: No interference was found at therapeutic concentrations using common drug panels.^{12, 13}

In patients treated with iron supplements or metal-binding drugs, the drug-bound iron may not properly react in the test, resulting in artificially low values.

In the presence of high ferritin concentrations > 1200 µg/L the assumption that serum iron is almost completely bound to transferrin is not valid anymore. Therefore, such iron results should not be used to calculate Total Iron Binding Capacity (TIBC) or percent transferrin saturation (% SAT).¹⁴

In very rare cases, gammopathy, in particular type IgM (Waldenström's macroglobulinemia), may cause unreliable results.¹⁵

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

ACTION REQUIRED

Special Wash Programming: The use of special wash steps is mandatory when certain test combinations are run together on **cobas c** systems. All special wash programming necessary for avoiding carry-over is available via the **cobas** link, manual input is required in certain cases. The latest version of the carry-over evasion list can be found with the NaOHD/SMS/SmpCln1+2/SCCS Method Sheet and for further instructions refer to the operator's manual.

Where required, special wash/carry-over evasion programming must be implemented prior to reporting results with this test.

Limits and ranges

Measuring range

0.90-179 µmol/L (5.00-1000 µg/dL, 0.05-10.0 mg/L)

Determine samples having higher concentrations via the rerun function. For samples with higher concentrations, the rerun function decreases the sample volume by a factor of 2.1. The results are automatically multiplied by this factor.

Lower limits of measurement

Lower detection limit of the test

0.90 µmol/L (5.00 µg/dL, 0.05 mg/L)

The lower detection limit represents the lowest measurable analyte level that can be distinguished from zero. It is calculated as the value lying 3 standard deviations above that of the lowest standard (standard 1 + 3 SD, repeatability, n = 21).

Values below the lower detection limit (< 0.90 µmol/L) will not be flagged by the instrument.

Expected values¹⁶

Adults: 5.83-34.5 µmol/L (33-193 µg/dL)

The concentration of iron in serum/plasma is dependent on ingestion of iron and is subject to circadian variations.¹⁷

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

Specific performance data

Representative performance data on the analyzers are given below. Results obtained in individual laboratories may differ.

Precision

Precision was determined using human samples and controls in an internal protocol with repeatability (n = 21) and intermediate precision (3 aliquots per run, 1 run per day, 21 days). The following results were obtained on the **cobas c** 701 analyzer:

Repeatability	Mean	SD	CV
	µmol/L (µg/dL)	µmol/L (µg/dL)	%
Precinorm U	20.1 (112)	0.1 (1)	0.6
Precipath U	29.9 (167)	0.3 (2)	1.1
Human serum A	11.2 (62.6)	0.1 (0.6)	0.8

Human serum B	81.1 (453)	0.6 (3)	0.7
Human serum C	155 (866)	1 (6)	0.3

Intermediate precision	Mean	SD	CV
	µmol/L (µg/dL)	µmol/L (µg/dL)	%
Precinorm U	20.1 (112)	0.3 (2)	1.5
Precipath U	33.5 (187)	0.5 (3)	1.5
Human serum 1	11.8 (66.0)	0.2 (1.1)	1.8
Human serum 2	55.1 (308)	0.7 (4)	1.3

Results for intermediate precision were obtained on the **cobas c** 501 analyzer. The data obtained on **cobas c** 501 analyzer(s) are representative for **cobas c** 701 analyzer(s).

Method comparison

Iron values for human serum and plasma samples obtained on a **cobas c** 701 analyzer (y) were compared with those determined using the corresponding reagent on a **cobas c** 501 analyzer (x).

Sample size (n) = 85

Passing/Bablok ¹⁸	Linear regression
y = 0.987x + 0.245 µmol/L	y = 0.988x + 0.117 µmol/L
r = 0.942	r = 0.999

The sample concentrations were between 2.73 and 167 µmol/L (15.1 and 934 µg/dL).

References

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A point (period/stop) is always used in this Method Sheet as the decimal separator to mark the border between the integral and the fractional parts of a decimal numeral. Separators for thousands are not used.

Any serious incident that has occurred in relation to the device shall be reported to the manufacturer and the competent authority of the Member State in which the user and/or the patient is established.

Symbols

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard:

CONTENT

Contents of kit



Volume for reconstitution

GTIN

Global Trade Item Number

Rx only

For USA: Caution: Federal law restricts this device to sale by or on the order of a physician.

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