

#### Order information

REF	CONTENT		Analyzer(s) on which <b>cobas c</b> pack(s) can be used
<b>05336163</b> 190	Tina-quant Hemoglobin A1c Gen.3 (150 tests)	System-ID 07 7455 3	COBAS INTEGRA 400 plus
<b>04528417</b> 190	C.f.a.s. HbA1c (3 × 2 mL)	System-ID 07 6852 9	
<b>05479207</b> 190	PreciControl HbA1c norm (4 x 1 mL)	System-ID 07 7477 4	
<b>05912504</b> 190	PreciControl HbA1c path (4 x 1 mL)	System-ID 07 7478 2	
<b>11488457</b> 122	Hemolyzing Reagent for Tina-quant HbA1c (1000 mL)		
<b>04528328</b> 190	COBAS INTEGRA Hemolyzing Reagent Gen.2 (6 × 10 mL)	System-ID 07 6851 0	

#### **English**

#### For use in the USA only

#### System information

Multitest A1CH3, test ID 0-588

Test HB-H3, test ID 0-589; test A1-H3, test ID 0-590

Ratio RHD3, test ID 0-622 (% HbA1c acc. to DCCT/NGSP)

Ratio RHI3, test ID 0-621 (mmol/mol HbA1c acc. to IFCC)

Profile PA1H3, test ID 0-620

#### Intended use

In vitro test for the quantitative determination of mmol/mol hemoglobin A1c (IFCC) and % hemoglobin A1c (DCCT/NGSP) in hemolysate prepared from whole blood on Roche clinical chemistry analyzers.

# Summary 1,2,3,4,5,6,7,8

Hemoglobin (Hb) consists of four protein subunits, each containing a heme moiety, and is the red-pigmented protein located in the erythrocytes. Its main function is to transport oxygen and carbon dioxide in blood. Each Hb molecule is able to bind four oxygen molecules. Hb consists of a variety of subfractions and derivatives. Among this heterogeneous group of hemoglobins HbA1c is one of the glycated hemoglobins, a subfraction formed by the attachment of various sugars to the Hb molecule. HbA1c is formed in two steps by the nonenzymatic reaction of glucose with the N-terminal amino group of the  $\beta$ -chain of normal adult Hb (HbA). The first step is reversible and yields labile HbA1c. This is rearranged to form stable HbA1c in a second reaction step.

In the erythrocytes, the relative amount of HbA converted to stable HbA1c increases with the average concentration of glucose in the blood. The conversion to stable HbA1c is limited by the erythrocyte's life span of approximately 100 to 120 days. As a result, HbA1c reflects the average blood glucose level during the preceding 2 to 3 months. HbA1c is thus suitable to monitor long-term blood glucose control in individuals with diabetes mellitus. Glucose levels closer to the time of the assay have a greater influence on the HbA1c level.1

The risk of diabetic complications, such as diabetic nephropathy and retinopathy, increases with poor metabolic control. In accordance with its function as an indicator for the mean blood glucose level, HbA1c predicts the development of diabetic complications in diabetes patients.4

For monitoring of long term glycemic control, testing every 3 to 4 months is generally sufficient. In certain clinical situations, such as gestational diabetes, or after a major change in therapy, it may be useful to measure HbA1c in 2 to 4 week intervals.

# Test principle 9,10,11

This method uses TTABa) as the detergent in the hemolyzing reagent to eliminate interference from leukocytes (TTAB does not lyse leukocytes). Sample pretreatment to remove labile HbA1c is not necessary.

All hemoglobin variants which are glycated at the β-chain N-terminus and which have antibody-recognizable regions identical to that of HbA1c are determined by this assay. Consequently, the metabolic state of diabetic patients having uremia or the most frequent hemoglobinopathies (HbAS, HbAC, HbAE) can be determined by this assay.<sup>12,13</sup>

The HbA1c determination is based on the turbidimetric inhibition immunoassay (TINIA) for hemolyzed whole blood.

Sample and addition of R1 (buffer/antibody): Glycohemoglobin (HbA1c) in the sample reacts with anti-HbA1c antibody to form soluble antigen-antibody complexes. Since the specific HbA1c antibody site is present only once on the HbA1c molecule, complex formation does not take place.

Addition of SR (buffer/polyhapten) and start of reaction: The polyhapten's react with excess anti-HbA1c antibodies to form an insoluble antibody-polyhapten complex which can be determined turbidimetrically.

#### Hemoglobin

Liberated hemoglobin in the hemolyzed sample is converted to a derivative having a characteristic absorption spectrum which is measured bichromatically during the preincubation phase (sample + R1) of the above immunological reaction. A separate Hb reagent is consequently not necessary.

The final result is expressed as mmol/mol HbA1c or % HbA1c and is calculated from the HbA1c/Hb ratio as follows:

Protocol 1 (mmol/mol HbA1c acc. to IFCC): HbA1c (mmol/mol) = (HbA1c/Hb) × 1000

Protocol 2 (% HbA1c acc. to DCCT/NGSP):14

HbA1c (%) =  $(HbA1c/Hb) \times 91.5 + 2.15$ a) TTAB = Tetradecyltrimethylammonium bromide

## Reagents - working solutions

R1 Antibody reagent

> MES<sup>b)</sup> buffer: 0.025 mol/L; TRIS<sup>c)</sup> buffer: 0.015 mol/L, pH 6.2; HbA1c antibody (ovine serum): ≥ 0.5 mg/mL; stabilizers;

SR Polyhapten reagent

> MES buffer: 0.025 mol/L; TRIS buffer: 0.015 mol/L, pH 6.2; HbA1c polyhapten: ≥ 8 μg/mL; stabilizers; preservative

b) MES = 2-morpholinoethane sulfonic acid

c) TRIS = Tris(hydroxymethyl)-aminomethane

R1 is in position A, SR is in position C and position B contains H<sub>2</sub>O for technical reasons.

#### Precautions and warnings

Pay attention to all precautions and warnings listed in Section 1 / Introduction of this Method Manual.

For USA: Caution: Federal law restricts this device to sale by or on the order of a physician.

## Reagent handling

Ready for use

#### Storage and stability

## Reagent

Shelf life at 2-8 °C See expiration date on cobas c pack label

COBAS INTEGRA 400 plus system

On-board in use at 10-15 °C 4 weeks

Reagent cannot be frozen.

If freezing of a cassette is suspected a control measurement with this cassette is recommended.





#### Hemolyzing reagent

Shelf life at 2-8 °C See expiration date on bottle label

COBAS INTEGRA 400 plus system

On-board in use, ISE rack, closed bottles 4 weeks
On-board in use, multi rack, open bottles 2 days

When storing at temperatures under 3 °C, the reagent may become cloudy. This has no effect on the function of the reagent and is reversible at higher temperatures. It is therefore recommended to equilibrate the reagent at room temperature for approximately 10 minutes and mix thoroughly before use.

#### Specimen collection and preparation

For specimen collection and preparation only use suitable tubes or collection containers.

Only the specimens listed below were tested and found acceptable. Anticoagulated venous, capillary blood, or hemolysate. The only acceptable anticoagulants are Li-heparin, Na-heparin,  $K_2$ -EDTA,  $K_3$ -EDTA, NaF/sodium EDTA and NaF/potassium oxalate.

The sample types listed were tested with a selection of sample collection tubes that were commercially available at the time of testing, i.e. not all available tubes of all manufacturers were tested. Sample collection systems from various manufacturers may contain differing materials which could affect the test results in some cases. When processing samples in primary tubes (sample collection systems), follow the instructions of the tube manufacturer.

Stability: $^{15}$  3 days at 15-25 °C 7 days at 2-8 °C

6 months at (-15)-(-25) °C

Frozen stability of HbA1c has not been determined for samples treated with anticoagulants Li-heparin or  $K_3$ -EDTA.

Freeze only once. Mix specimen thoroughly after thawing.

#### Manual hemolysate preparation

- Allow blood specimen and Hemolyzing Reagent for Tina-quant HbA1c to equilibrate at room temperature before use.
- Moderately mix the sample immediately prior to pipetting, to ensure homogeneous mixture of erythrocytes. Take care to avoid the formation of foam.
- Dilute the sample with Hemolyzing Reagent for Tina-quant HbA1c (Cat. No. 11488457122) in the ratio 1:101 (1+100) using one of the following pipetting schemes.

Pipette into tubes:

Hemolyzing Reagent for Tina-quant HbA1c: 500  $\mu L$  specimen (patient or control): 5  $\mu L$ 

or

Hemolyzing Reagent for Tina-quant HbA1c: 1000  $\mu$ L specimen (patient or control): 10  $\mu$ L

or

Hemolyzing Reagent for Tina-quant HbA1c: 2000 μL specimen (patient or control): 20 μL

- 4. Mix using a vibration mixer or by gentle swirling.
- The hemolysate can be used after the solution has changed color from red to brownish-green (approx. 1-2 min).

Stability of the hemolysate:<sup>15</sup> 4 hours at 15-25 °C 24 hours at 2-8 °C

6 months at (-15)-(-25) °C

Frozen stability of HbA1c has not been determined for samples treated with anticoagulants Li-heparin or K<sub>3</sub>-EDTA.

## Materials provided

See "Reagents - working solutions" section for reagents.

#### Materials required (but not provided)

- Hemolyzing Reagent for Tina-quant HbA1c, Cat. No. 11488457122. Use this reagent to prepare hemolysate when not on-board the analyzer. See above for sample pretreatment procedure.
- COBAS INTEGRA Hemolyzing Reagent Gen.2, Cat. No. 04528328190, system-ID 07 6851 0. Use this reagent for automated on-board dilution of the calibrator.

#### Assav

For optimum performance of the assay follow the directions given in this document for the analyzer concerned. Refer to the appropriate operator's manual for analyzer-specific assay instructions.

#### COBAS INTEGRA 400 plus test definition Hb

Abbreviated test name	HB-H3
Measuring mode	Absorbance
Abs. calculation mode	Endpoint
Reaction mode	R1-S
Reaction direction	Increase
Wavelength A/B	378/659 nm
Calc. first/last	17/33
Unit	mmol/L

#### **Pipetting parameters**

t (H <sub>2</sub> O)
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R1 120 μL

Sample 6 µL 0 µL

Total volume 126 µL

## COBAS INTEGRA 400 plus test definition HbA1c

Abbreviated test name A1-H3 Measuring mode Absorbance Abs. calculation mode Endpoint R1-S-SR Reaction mode Reaction direction Increase Wavelength A/B 340/659 nm Calc. first/last 33/57 Unit mmol/L

## Pipetting parameters

HbA1c Diluer	it (H <sub>2</sub> O)
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R1 120  $\mu L$ 

Sample  $6 \, \mu L \qquad \qquad 0 \, \mu L \\ SR \qquad \qquad 24 \, \mu L \qquad \qquad 0 \, \mu L$ 

Total volume 150 µL

## Ratio definition for mmol/mol HbA1c and % HbA1c calculation

# Protocol 1 (mmol/mol HbA1c acc. to IFCC):

Abbreviated ratio name RHI3 (0-621)

Equation  $(A1-H3/HB-H3) \times 1000$ 

Unit mM/M

Protocol 2 (% HbA1c acc. to DCCT/NGSP):14

Abbreviated ratio name RHD3 (0-622)

Equation  $(A1-H3/HB-H3) \times 91.5 + 2.15$ 

Unit %



cobas<sup>®</sup>
Specific proteins

Use the predefined profile (PA1H3, 0-620) for simultaneous order entry of Hb (HB-H3) and HbA1c (A1-H3) tests from the same sample.

The ratio for HbA1c (mmol/mol HbA1c acc. to IFCC and % HbA1c acc. to DCCT/NGSP) will be automatically calculated after result output of both tests.

For dual reporting of both mmol/mol HbA1c (IFCC) units as well as % HbA1c (DCCT/NGSP) units please ensure that both ratio tests 0-621 (acc. to IFCC) and 0-622 (acc. to DCCT/NGSP) are activated.

#### Calibration

Hb

Calibrator C.f.a.s. HbA1c

HbA1c

Calibrator C.f.a.s. HbA1c

Calibration dilution ratio 1:1, 1:1.5, 1:2.1, 1:3, 1:6, 1:15,

performed automatically by the

nstrument

Calibrator diluent COBAS INTEGRA Hemolyzing

Reagent Gen.2, Cat. No. 04528328190

Calibration mode Spline

Calibration replicate Duplicate recommended

Calibration interval Each lot, every 29 days, and as

required following quality control

procedures

Calibration interval may be extended based on acceptable verification of calibration by the laboratory.

Traceability: This method has been standardized against the approved IFCC reference method for the measurement of HbA1c in human blood<sup>16,17</sup> and can be transferred to results traceable to DCCT/NGSP by calculation.<sup>14</sup>

#### Note

Enter the assigned lot-specific and application-specific value of the calibrator. Use the appropriate C.f.a.s. HbA1c calibrator only. COBAS INTEGRA Hemolyzing Reagent Gen.2, 6 × 10 mL, Cat. No. 04528328190, system-ID 07 6851 0, needs to be available on the analyzer. Otherwise the calibration cannot be carried out.

#### **Quality control**

Quality control PreciControl HbA1c norm

PreciControl HbA1c path

Control interval 24 hours recommended

Control sequence User defined
Control after calibration Recommended

For quality control, use control materials as listed in the "Order information" section. In addition, other suitable control material can be used.

The control intervals and limits should be adapted to each laboratory's individual requirements. Values obtained should fall within the defined limits. Each laboratory should establish corrective measures to be taken if values fall outside the defined limits.

Follow the applicable government regulations and local guidelines for quality control.

#### Note

Pretreat controls in the same way as samples.

HbA1c controls carry a declaration for mmol/mol HbA1c (IFCC) and % HbA1c (DCCT/NGSP) only. No declarations for Hb and HbA1c concentrations are provided. As a consequence, HbA1c controls are handled like samples and cannot be included in the COBAS INTEGRA systems Quality Control Program.

#### Calculation

Ηb

COBAS INTEGRA systems automatically calculate the Hb concentration of

each sample. For more details, please refer to Data Analysis in the Online Help (COBAS INTEGRA 400 plus analyzer).

#### HbA1c

COBAS INTEGRA systems automatically calculate the HbA1c concentration of each sample. For more details, please refer to Data Analysis in the Online Help (COBAS INTEGRA 400 plus analyzer).

#### HbA1c ratio calculation

For calculation of the mmol/mol HbA1c value (IFCC) and the % HbA1c value (DCCT/NGSP), refer to the **Test principle** and **Ratio definition for mmol/mol HbA1c and % HbA1c calculation** sections in this method sheet

# $\textbf{Limitations - interference}^{12,13,18,19,20,21,22,23,24,25}$

- For diagnostic purposes, mmol/mol HbA1c values (IFCC) and % HbA1c values (DCCT/NGSP) should be used in conjunction with information from other diagnostic procedures and clinical evaluations.
- The test is designed only for accurate and precise measurement of mmol/mol HbA1c (IFCC) and % HbA1c (DCCT/NGSP). The individual results for total Hb and HbA1c concentration should not be reported.
- This test is not intended for the diagnosis of diabetes mellitus or for judging day-to-day glucose control and should not be used to replace daily home testing of urine or blood glucose.
- 4. As a matter of principle, care must be taken when interpreting any HbA1c result from patients with Hb variants. Abnormal hemoglobins might affect the half life of the red cells or the in vivo glycation rates. In these cases even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal hemoglobin.<sup>23</sup>
- 5. Any cause of shortened erythrocyte survival will reduce exposure of erythrocytes to glucose with a consequent decrease in mmol/mol HbA1c values (IFCC) and % HbA1c values (DCCT/NGSP), even though the time-averaged blood glucose level may be elevated. Causes of shortened erythrocyte lifetime might be hemolytic anemia or other hemolytic diseases, homozygous sickle cell trait, pregnancy, recent significant or chronic blood loss, etc. Caution should be used when interpreting the HbA1c results from patients with these conditions.
- Glycated HbF is not detected as it does not contain the glycated β-chain that characterizes HbA1c. However, HbF is measured in the Total Hb assay and as a consequence, specimens containing high amounts of HbF (> 10 %) may result in lower than expected mmol/mol HbA1c values (IFCC) and % HbA1c values (DCCT/NGSP).<sup>12,25</sup>

Criterion: Recovery within ± 10 % of initial value.

lcterus: No significant interference up to a conjugated and unconjugated bilirubin concentration of  $1026 \ \mu mol/L$  or  $60 \ mg/dL$ .

Lipemia (Intralipid): No significant interference up to an Intralipid concentration of 600 mg/dL. There is poor correlation between the triglycerides concentration and turbidity.

Glycemia: No significant interference up to a glucose concentration of 55.5 mmol/L or 1000 mg/dL. A fasting sample is not required.

Rheumatoid factors: No significant interference up to a rheumatoid factor concentration of 750 IU/mL.

Drugs: No interference was found at the rapeutic concentrations using common drug panels.  $^{26,27}\,$ 

Other: No cross reactions with HbA0, HbA1a, HbA1b, acetylated hemoglobin, carbamylated hemoglobin, glycated albumin and labile HbA1c were found for the anti-HbA1c antibodies used in this kit.

For diagnostic purposes, the results should always be assessed in conjunction with the patient's medical history, clinical examination and other findings.

## ACTION REQUIRED

Special Wash Programming: The use of special wash steps is mandatory when certain test combinations are run together on COBAS INTEGRA analyzers. Refer to the CLEAN Method Sheet for further instructions and for the latest version of the Extra wash cycle list.

Where required, special wash/carry-over evasion programming must be implemented prior to reporting results with this test.





#### Specific proteins

#### Limits and ranges Measuring range

Hb: 2.48-24.8 mmol/L (4-40 g/dL) HbA1c: 0.186-1.61 mmol/L (0.3-2.6 g/dL)

The measuring range for HbA1c lies between 0.186 mmol/L and the concentration of the highest standard. The test range stated above is based on a typical calibrator value of 1.61 mmol/L.

This corresponds to a measuring range of 23-196 mmol/mol HbA1c (IFCC) and 4.2-20.1 % HbA1c (DCCT/NGSP) at a typical hemoglobin concentration of 8.2 mmol/L (13.2 g/dL).

#### Lower limits of measurement

Limit of Blank and Limit of Detection

Hb: Limit of Blank = 0.31 mmol/L (0.50 g/dL)
Limit of Detection = 0.62 mmol/L (1.00 g/dL)
HbA1c: Limit of Blank = 0.12 mmol/L (0.19 g/dL)
Limit of Detection = 0.18 mmol/L (0.29 g/dL)

The Limit of Blank and Limit of Detection were determined in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP17-A requirements.

The Limit of Blank is the  $95^{th}$  percentile value from  $n \ge 60$  measurements of analyte-free samples over several independent series. The Limit of Blank corresponds to the concentration below which analyte-free samples are found with a probability of 95%.

The Limit of Detection is determined based on the Limit of Blank and the standard deviation of low concentration samples.

The Limit of Detection corresponds to the lowest analyte concentration which can be detected (value above the Limit of Blank with a probability of  $95\,\%$ )

#### **Expected values**

Protocol 1 (acc. to IFCC): 20-42 mmol/mol HbA1c<sup>28,29,30,31</sup> Protocol 2 (acc. to DCCT/NGSP): 4.0-6.0 % HbA1c

HbA1c levels higher than the upper end of this reference range are an indication of hyperglycemia during the preceding 2 to 3 months or longer.

HbA1c levels may reach 195 mmol/mol (IFCC) or 20 % (DCCT/NGSP) or higher in poorly controlled diabetes. Therapeutic action is suggested at levels above 64 mmol/mol HbA1c (IFCC) or 8 % HbA1c (DCCT/NGSP). Diabetes patients with HbA1c levels below 53 mmol/mol HbA1c (IFCC) or 7 % HbA1c (DCCT/NGSP) meet the goal of the American Diabetes Association.<sup>20</sup>

HbA1c levels below the established reference range may indicate recent episodes of hypoglycemia, the presence of Hb variants, or shortened lifetime of erythrocytes.

Each laboratory should investigate the transferability of the expected values to its own patient population and if necessary determine its own reference ranges.

## Specific performance data

Representative performance data on the COBAS INTEGRA analyzers are given below. Results obtained in individual laboratories may differ.

#### Precision

Repeatability and intermediate precision were determined using human samples and controls in accordance with the CLSI (Clinical and Laboratory Standards Institute) EP5 requirements (2 aliquots per run, 2 runs per day, 21 days). The following results were obtained (data based on DCCT/NGSP values):

Repeatability	Mean	SD	CV
	% HbA1c	% HbA1c	%
PreciControl HbA1c norm	5.88	0.10	1.8
PreciControl HbA1c path	10.6	0.07	0.7
Human Sample 1	5.08	0.13	2.3
Human Sample 2	6.51	0.13	2.0
Human Sample 3	10.6	0.07	0.7

Repeatability	Mean % HbA1c	SD % HbA1c	CV %
Human Sample 4	7.57	0.08	1.1
Human Sample 5	8.07	0.08	1.0

Intermediate precision	Mean % HbA1c	SD % HbA1c	CV %
PreciControl HbA1c norm	5.88	0.12	2.0
PreciControl HbA1c path	10.6	0.11	1.0
Human Sample 1	5.08	0.12	2.6
Human Sample 2	6.51	0.14	2.1
Human Sample 3	10.6	0.12	1.1
Human Sample 4	7.57	0.11	1.4
Human Sample 5	7.98	0.09	1.1

#### Method comparison

Evaluation of method comparison data is according to former NGSP certification criteria. The mean difference between the two methods and the 95 % confidence intervals of the differences in the range from 4-10 % (DCCT/NGSP) are given. 95 % of the differences between the values obtained for individual samples with both methods fall within the range defined by the lower and upper 95 % confidence intervals of the differences.

% HbA1c (DCCT/NGSP) values for human blood samples obtained on a COBAS INTEGRA 400 analyzer using the Tina-quant Hemoglobin A1c Gen.3 reagent with the hemolysate application (y) were compared with those determined using the same reagent with the hemolysate application on a **cobas c** 501 analyzer (x).

Sample size (n) = 59

Mean difference0.16 % HbA1cLower 95 % confidence interval of differences-0.14 % HbA1cUpper 95 % confidence interval of differences0.45 % HbA1c

The sample concentrations were between 4.31 and 12.0 % HbA1c (DCCT/NGSP).

#### Analytical specificity

Hb derivatives Labile HbA1c (pre-HbA1c), acetylated Hb,

and carbamylated Hb do not affect the

assay result.

Hb variants Specimens containing high amounts of HbF

(> 10 %) may yield lower than expected

HbA1c results.

#### Please note:

According to the consensus statement of the American Diabetes Association (ADA), the European Association for the Study of Diabetes (EASD), the International Federation of Clinical Chemistry and Laboratory Medicine (IFCC) and the International Diabetes Federation (IDF) HbA1c results should be reported in parallel, both in mmol/mol HbA1c (IFCC) and % HbA1c (DCCT/NGSP) values. 32 Former % HbA1c (IFCC) values must not be used due to the risk of mix up / misinterpretation with the % HbA1c (DCCT/NGSP) values.

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#### **Symbols**

Roche Diagnostics uses the following symbols and signs in addition to those listed in the ISO 15223-1 standard (for USA: see https://usdiagnostics.roche.com for definition of symbols used):

Contents of kit



Volume after reconstitution or mixing

Global Trade Item Number

# FOR US CUSTOMERS ONLY: LIMITED WARRANTY

Roche Diagnostics warrants that this product will meet the specifications stated in the labeling when used in accordance with such labeling and will be free from defects in material and workmanship until the expiration date printed on the label. THIS LIMITED WARRANTY IS IN LIEU OF ANY OTHER WARRANTY, EXPRESS OR IMPLIED, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR PARTICULAR PURPOSE. IN NO EVENT SHALL ROCHE DIAGNOSTICS BE LIABLE FOR INCIDENTAL, INDIRECT, SPECIAL OR CONSEQUENTIAL DAMAGES.

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Distribution in USA by: Roche Diagnostics, Indianapolis, IN US Customer Technical Support 1-800-428-2336